

**DID YOU HEAR
THAT TOO?**



**Domestic violence
concerns us all.**

**Neighbourhood awareness
is the best prevention.**

For many, home is not always a safe place. And domestic violence is not a private matter – it's a crime. The violence can take many different forms, it can be physical, but also psychological by threats, sexual by abuse or economic by financial control.

WHAT SHOULD YOU DO IN THE CASE OF DOMESTIC VIOLENCE IN THE NEIGHBOURHOOD?



If you feel that it's not just a "normal row" – don't ignore it. Be alert. Talk to other neighbours about it.



Speak to the person affected and ask discreetly if everything is okay. Offer help (e.g. with a doctor's appointment, passing on the contact details of help centres). It is very important that you speak to the person affected alone. Don't be put off if the person denies everything.



Try to interrupt acute conflict situations. Ring the bell and make an excuse like needing to borrow flour or eggs. Important: if you don't feel safe, contact the police straightaway.



Put up flyers with offers of help in the hallway. Or print leaflets with the number of the nationwide **Helpline 116 016***, which you could for instance put in a mailbox. **free, available 24 hours a day, 18 languages, handicapped accessible, hilfetelefon.de*



If the situation next door escalates, you shouldn't hesitate. Phone the **police emergency number 110**. Your call could save lives.

*German version and
more languages:*



Landespräventionsrat
Niedersachsen



Niedersachsen. Klar.